



During these difficult and uncertain times, we need to anchor ourselves in our faith in God, and our belief in God's loving goodness. We do this through daily prayer and acts of kindness and thoughtfulness. We need to keep hoping, and to help others around us to hope also.



Simcoe Muskoka Catholic District School Board  
**LEARN @ HOME**

At this time, the health and well being of you and your family members is priority. Remind children that they are safe. Talk to them about how they are feeling. Please consider the following tips as you begin to develop a new routine for learning while at home.

### **Learning Space**

Create a space for learning. Consider a space with limited distractions. Provide learning materials such as paper, writing utensils and other items your child may need for tasks. Establishing space where learning can happen will look differently for each person and each home.

### **Develop a Routine**

It's important to develop a routine that includes getting dressed, regular nutritional breaks, time for prayer, school check-ins, blocks of time to work on school tasks, breaks, lunch, physical activities, as well as regular waking and bedtime routines.

### **Create a Schedule**

Create a schedule with the whole family. Think about the number and the age of children in your home and how long they can work on a learning activity. Younger children may require shorter blocks of time as well as some assistance with learning activities. Older children may appreciate independence and input in creating their weekly schedule.

Write the schedule on a piece of paper or mini-dry erase board as a reminder. Review the schedule on a regular basis to see what is or is not working for your family.

Set aside time to review learning assignments and tasks with your child regularly.

### **Technology Considerations**

Consider technology use in the home and schedule access as needed for learning activities. Limit the amount of video streaming for entertainment to decrease the strain on bandwidth. If there is no technology, break prepared packaged materials into smaller chunks. Further, please protect your child's privacy with online tools by using the safe platform shared by your child's teacher for contact and assignments.

### **Staying in Contact**

Provide positive and encouraging feedback and support children with completing assigned work and tasks. If your child is having difficulty or have questions, reach out to your child's teachers.

It is important to be patient, calm, and spend some family time together. If things are challenging on a particular day, then set things aside and remember that tomorrow is a new day.

Family Tips for Distance Learning